

This is your exclusive invitation!

**You are getting fit in
the mind & the spirit.**

**Now, let's add to the transformation
and get fit in the body!**



Come Join

Vine-Life Christian Fellowship

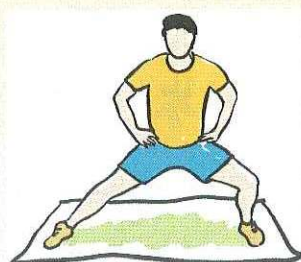


Power Fitness Ministry

Every Thursday

Starting Thursday, April 15, 2010

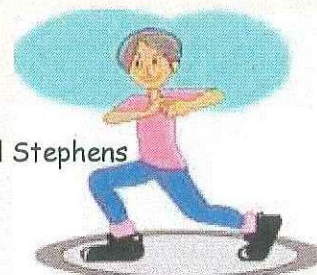
6:30 PM—7:30 PM



At the First Fitness Class:

6:00 PM Meet & greet new Fitness Instructor, Angel Stephens

6:30 PM—7:30 PM Aerobics with Attitude!!!



Any questions, please call the church office at 951.789.8514

Please Note: No Fitness Class on Thursday, April 29th